

Information for Prescribing Allergist

We request that the allergist office review the following information and complete the accompanying forms in order to establish care for your patient in the CWRU allergy clinic. This procedure is for the safety of your patient, ensuring that we have uniform paperwork for all allergy patients seen in our clinic.

1. Student should be an established patient in an allergy practice and must receive at least their first injection at the allergist's office prior to starting injections at the CWRU Health Service.
2. Vials must be clearly labeled with student's name, date of birth, vial contents, dilution of contents, vial expiration date.
3. Orders must include :
Allergist's name, address, phone and FAX numbers
Patient's name, date of birth, diagnosis
Vial contents, dilution, date made and expiration date
Frequency of injections, dosing instructions for missed or late injections, treatment of local/systemic reactions (may default to CWRU protocol, see below), placement of injections (alternate arms, multiple injections, etc.), parameters to hold injections, when to reorder serum, maintenance information.
Other (if applicable): Peak Flow monitoring, premedication
4. Complete the Allergy Administration Information Sheet and a separate Allergy Vial Flow Sheet
5. Charting is done on our flow sheets and in our EMR. If new vials are needed, we will send back our flow sheet and your order sheet.
6. Please review the UHS Policy for treatment of systemic and localized reaction on the following page. Update the Allergy Administration Information Sheet **only** to reflect any changes to this policy for your patient.
7. If your office is shipping the serum directly to University Health Services. Please use overnight delivery service through UPS, FedEx, DHL etc. DO NOT ship through US Postal Service. They are unable to deliver directly to our building. As a result, allergy serum timely delivery and refrigeration are unlikely. Serum may sit in a mailroom:

UPS (preferred): M-F, 930AM-4PM
University Health Services
2145 Adelbert Road, Cleveland, OH 44106.
Label "keep refrigerated" on packaging.

8. We do not mail serum or orders.

University Health Service
Case Western Reserve University
10900 Euclid Avenue
Cleveland, Ohio 44106-4901

Phone: 216-368-2453
Fax: 216-368-8530

CWRU Health Service protocol for treating systemic reactions:

Administer Epi Pen, following manufacturer's instructions

Notify EMS

Note vital signs

In addition, for systemic anaphylaxis, administer Benadryl 25-50mg orally or IM

Monitor patient closely until EMS arrives, repeating vital signs and documenting all interventions

If symptoms persist, may repeat dose of epinephrine (1:1000) 0.3-0.5ml or Epi Pen every 10-20 minutes for up to three (3) doses, depending upon patient's response

Notify allergist.

Note: We do not have a crash cart on premises, but we have staff trained in CPR, we also have the above medications, oxygen, oral airways, and University Hospitals of Cleveland is nearby.

Usually no treatment is required for local reactions other than application of ice pack and adjustment of future doses per allergist orders. For local itching, redness and large swelling, an oral antihistamine (IE: diphenhydramine 50mg) may be given.